

Winter 2023

WE ASKED, YOU ANSWERED



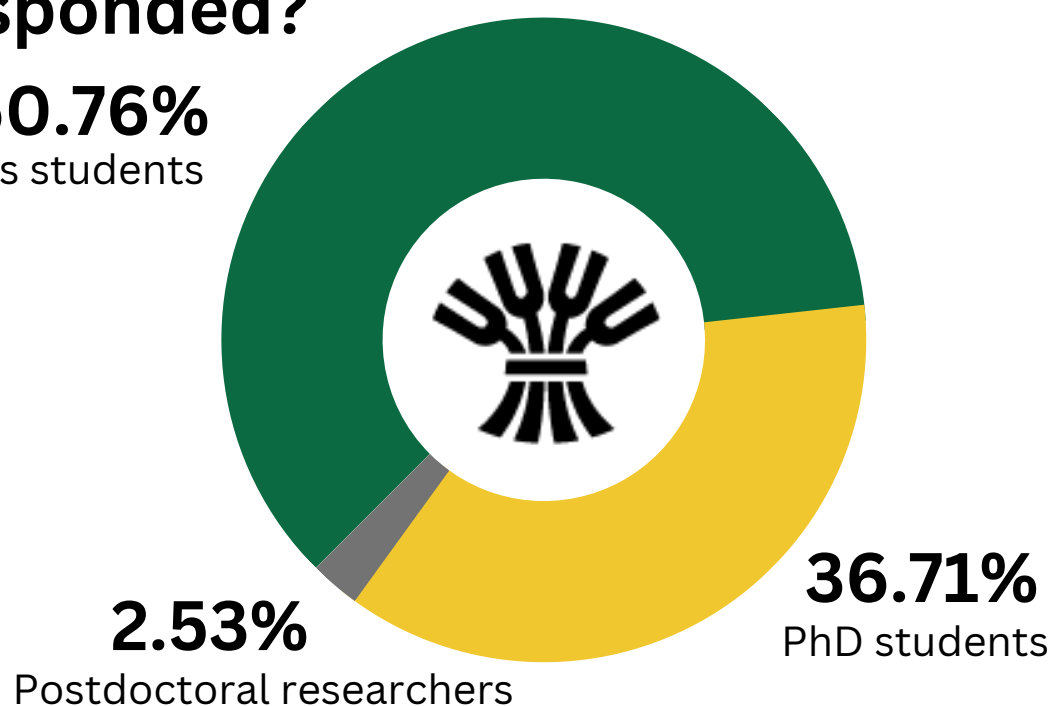
Graduate Student and Postdoctoral Survey

We asked graduate students about...

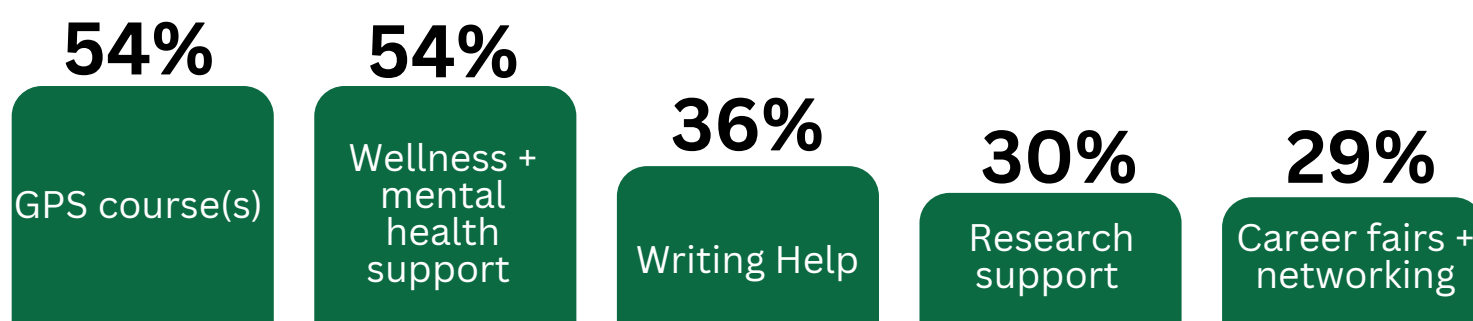
- programming they have accessed
- barriers for accessing programming
- challenges they have experienced
- programming to support student success
- advice for incoming students

Who responded?

60.76%
Master's students



What services and programs have you already accessed?



What advice do you have for incoming grad students?

- Be proactive, ask questions, and believe in yourself
- Work hard and pace yourself
- Set goals to maintain progress
- Make connections and get involved
- Find outside interests
- Manage your mental health and wellness

Top 3 barriers to accessing programming:

- 1** lack of time
- 2** lack of awareness
- 3** timing of supports and services



Explore services & supports

[Connect with other grad students](#)

[Explore online wellness resources](#)

[Engage with research, writing and other grad supports](#)

[Build your teaching skills](#)

[Seek professional development support from Career Services](#)

[Explore the GradHUB and Aurora by Beyond the Professoriate](#)